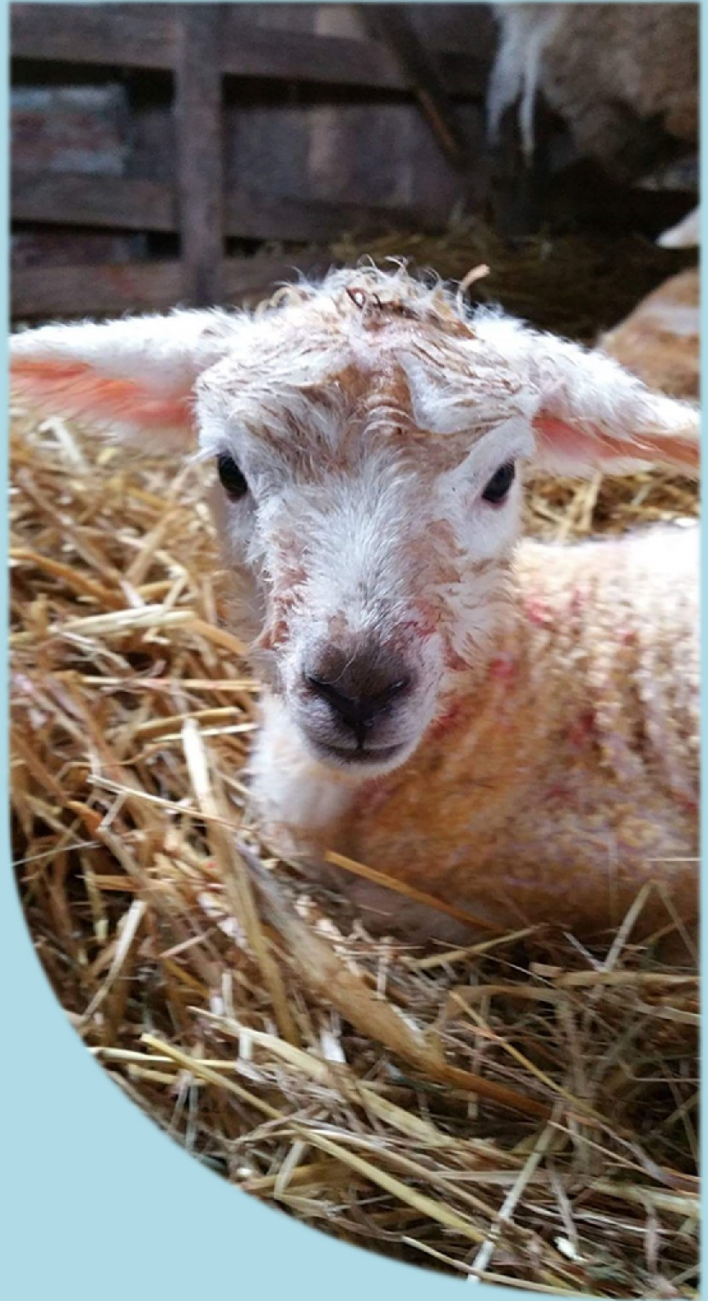


TOP TIPS

For Surviving
Vet School



*A compilation of hints and tips from
students who have done it before!*



Hi Guys!

So firstly, welcome! (or welcome back!)

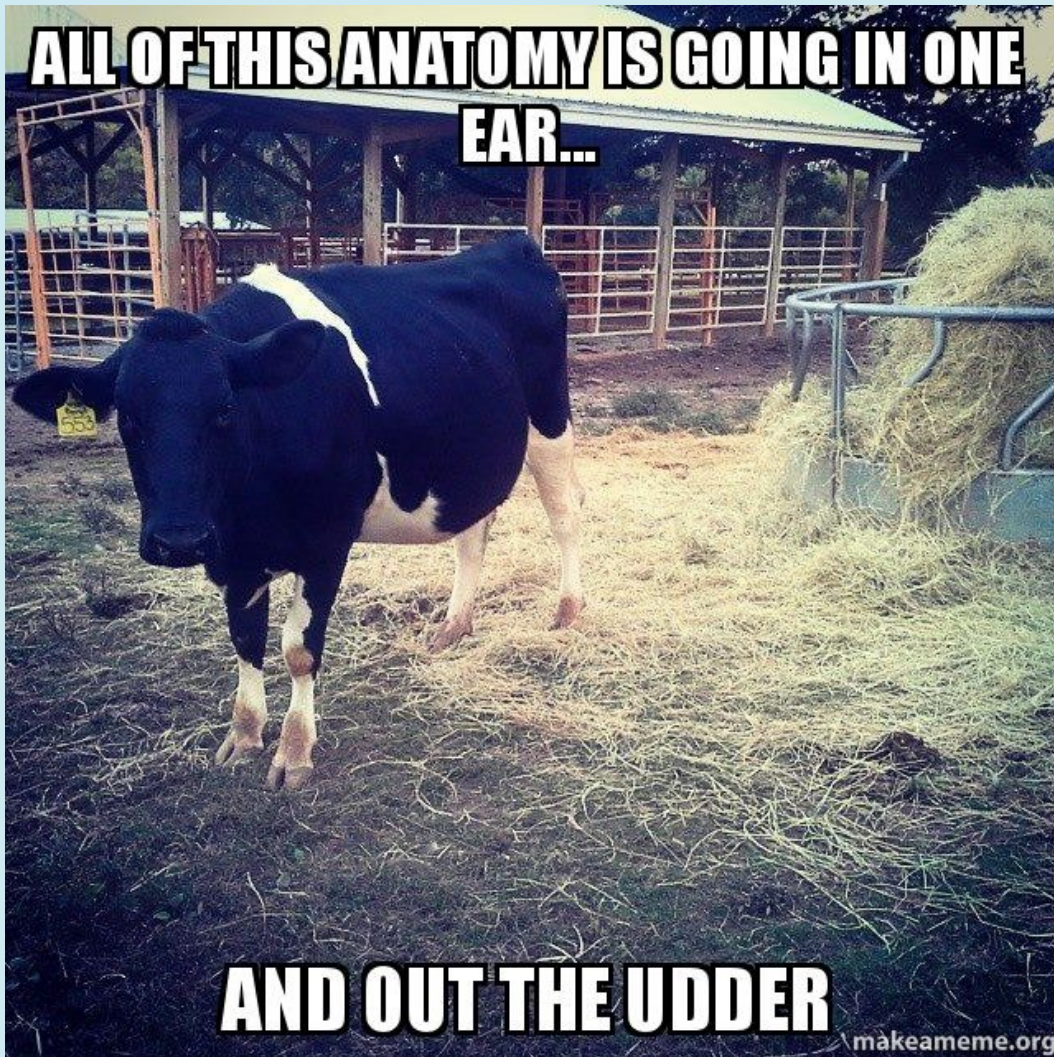
We hope this compilation of advice from students will help you be a bit more clued up about what's to come in the year ahead, and help ease those nerves. You are all individual, so everyone's experience of vet school is different, and there will be a wide range of opinions in this guide, but hopefully someone will have said something that will help you!

If you ever feel like things are getting too much or you aren't feeling yourself then do speak to someone, whether that's your friend, tutor, one of the trained peer support team, counsellor or GP; people are out there who want to help you and you will not be alone in your worries.


We hope you can enjoy vet school to the max and have some amazing times and make wonderful memories on the way!

Peer Support Love x

First Year



*Congratulations and welcome to Liverpool!
It's tough, but you'll have fun on the way!*



“It's not as scary as it seems, you can do it!”

*

“There will be people on the course just like you, don't stress over finding mates”

*

“Try to achieve a work life - social life balance. You need to give yourself a break but be warned there is no way you can cram for exams!”

*

“50% is the new 80%!! I found it so hard to get the mindset of the 'passing level' in my head to be readjusted. Without even realising, you assume that because you don't know something in as much detail as you knew at A-level, isn't good enough, when in reality it is more than good enough.”

*

“E-mailing lecturers if needed is ok! They aren't really scary and don't get angry and often thank you for bringing a point they might not have clarified well enough.”

*

“It's a lot harder than you think, but it's also way more fun and rewarding. You need to be organised, have a good set of friends and take turns having "OMG I'm in vet school" breakdowns.”

*

“Anatomy lectures and learning will be overwhelming to start off with, but with time and patience (and DIVA), it will all come together. Anatomy learning is very different to anything else we are used to as it's less of an 'understanding' subject and takes time to remember muscle groups etc.”

*

“Don't underestimate the course in first semester - if you don't do any work until February when you get the shock of your formative results it takes a lot of work to learn everything before summatives, (even if your flatmates can get away with it!) but start in October and you'll be fine :)”

*

“Do a sport/whatever other clubs the Uni has on a Wednesday, start early then you'll keep the habit. You can kid yourself, but no one joins hockey for the first time in 3rd year”

*

“Use spare time wisely, go to consolidation. Don't skip clinical skills. Keep on top of work and revise as you go along.”


*

“MOCK results aren't everything- work hard for them, but if they don't go to plan then don't panic!”

*

“You can't be as on top of work as you were in school and that's okay. You'll be in a year with other really high achieving people so you won't be in the "clever" minority you were in school. Expect to feel a bit out of control for a while but you'll soon get used to everything!”





“Literally EVERYONE is behind on notes, it's normal and totally fine.”

*

“Get friends who aren't vets! Yes it's great having revision buddies but normal people have their benefits too (if in doubt, sports clubs are a great place to find them) and it can be nice to talk about something completely unrelated to the next 5 years of your life.”

*

“There is a hell of a lot you need to get your heads around. Not all of it is that hard, some bits are very simple, some parts make you want to cry. But either way there is a lot and you can at times feel like you're drowning—the best approach is to try your utmost to keep on top of it. And by this I do not mean lock yourself in your room from October onwards, but something simple like take notes as they happen. Final note, don't procrastinate like I've just done the night before your INT resit.”

*

“Take clinical skills seriously in first semester and work through the booklets provided with friends.”

*

“Come to all the vet school socials! If it wasn't for them I wouldn't have half the friends I do now!”

*

“Get all of your professional skills work done ASAP as it just takes up time, it's tedious but necessary!”

*

“Don't panic if you fall behind on work, it'll only stress you out more and you'll just fall further behind.”

*

“Read through every lecture like you're trying to write a few 5 mark questions and a couple of multiple choice. Where there is a list, there is an extended multiple choice. Often a string of three lecture slides will form a question. That way you can stream which 15/35 slides are important. "Condensing" = prioritising info and testing yourself repeatedly so you need less prompting. Condensing is NOT writing small on one page. Also, stick diagrams of what attaches where for anatomy, it beats any beautiful drawing.”

*

“Start planning EMS early, especially if you're from an area with fewer farms. The year goes quickly (except for when you get taught biochem) and it will be summer and exams before you know it.”


*

“If you're stuck for a placement, post on the LUVS facebook group, someone will have suggestions near you or offer you a place to stay.”

*

“Enjoy first year- don't worry too much about 'not getting' things, or things seemingly going 'over your head' in lectures- especially in first semester. The first semester is quite intense, and after a bit of revision for summatives, everything starts to fit together and makes much more sense by the end of first year.”





“Get any more than 50% and you're not having enough fun, please try out as many sports and groups as possible, you won't have much time later on so make the absolute most of Liverpool when you can!”

*

“Learn histology - it will help in future years, I know it all looks like pink and purple blobs at the moment!”

*

“Don't feel like you have to make a mind map just because Kieron Salmon told you too, it is also highly unlikely you will be able to go through all your notes 6 times before exams no matter what he says.”

*

“Everyone is the same boat as you, just talk to anyone!”

*

“In terms of note taking- it is quality NOT quantity!”

*

“You don't need to know everything in great detail! A broad knowledge is much better.”

*

“Learn other topics not just NSF. AH and ID do appear in a lot of questions so don't focus all your time on NSF and leave AH/ID to last minute, even though the ID lectures and revision is very tedious...”

*

“Unlike school, grades don't matter. You only need to pass and getting 50% is not failing!”

*

“Group fancy dress is far more fun than by yourself! Also, don't rush into house groups- you don't know people well enough in October!!!!”

*

“Pros of living with vets: always got someone to shout around the house when you don't understand something. Cons: it's ridiculously stressful at exam time!”

*

“If you're worried reach out to peers, peer support, your tutor, friends as it's most likely you're not alone in your worries!”

*

“Don't be a vet 100% of the time! Get to know people outside the vet bubble - playing Lacrosse was my saving grace (plus AU nights..)! Make friends with vets, you're with them for the long haul and they will be your best friends come 5th year!”

*

“Avoid the Raz and Faculty toilets at all costs after 1am....”


*

“The detail of biochemistry really isn't necessary, just look over what you did at A-level, it's basically the same thing with fancier words, it's the principle you need not the detail.”

*

“Don't believe the hype - you don't have to work 90 hours a week!”





“Don't worry, everyone feels massively overwhelmed during the first week of Biochemistry, it does end and you get onto fun stuff! Try not to worry too much about being behind. Guaranteed, whatever your background, you will have strengths and weaknesses and they will be completely different to everyone else's! The friendlier you are, no matter how terrified you are, the easier and more enjoyable your life at vet school will be. Most of all, ENJOY your time at uni! You've worked so hard to get here, you deserve to have fun while you're here! Oh and you just have to endure histology... Sadly it is important, even if it is just a load of pink and purple blobs!!”

*

“Listen in lectures and manage your time well - there's a LOT of work.”

*

“Don't beat yourself up with regards to the workload and exams. Remember all you need is 50%. It will all come with time and we've all been there before and made it out the other side! Make sure to go out and enjoy yourself as much as you can too! Don't stress yourselves too much. You're only in first year once!”

*

“Try make as many and as varied friends as possible, especially non vets, it's easy to get really into the first few people you meet but people change a lot in five years and so do the friendships. Join a non vet club, do the first AU, do halls nights out, MAKE NON VET FRIENDS. Just having vet friends will give you such a limited University/Liverpool experience.”

*

“Biochem is a horrible week but is such a tinnyyyyyy part of the course with only a few questions (if any!) coming up and it's not worth stressing over.”

*

“The best way to revise is to test yourself, not to write reams and reams of notes (you'll destroy a whole rainforest and it's impossible to do that for the ~250 lectures you'll have a year).”

*

“Drink lots, make plenty of friends and don't get too stressed. Life is too short.”

*

“Don't get too stuck in the "vet" world.”

*

“Careful not to overload yourself with too many extracurricular activities, don't go too mad.”

*

“As much as you want to have friends other than vets, accept that by 4th year, that's kind of all you've got so roll with it.”


*

“Things come together in second semester especially topics like anatomy which are really hard to start off with but it gets easier!”

*

“Relax! You're here to have a life, not just study. And there's a lot more fun than drinking - join societies!”





“Try and talk to a new person on your course every day; there are over 150 in a year and you will eventually be doing rotations with random people from your year so get to know them!”

*

“Listen in lectures then write them up as revision, as you don't have time to go and be unproductive!”

*

“Don't stress over anatomy, learn the basics and you get to know everything else that is important through other topics.”

*

“Don't buy any books before you come (you can get them in the library/cheaper in the LUVS shop)”

*

“You only need one pair of boots for HACs preferably steel toe cap as that's what you would wear on placement and your overall's shade of green does not matter, but you can buy overalls with a snazzy vet school logo in the pop up shop.”

*

“Pay attention in histology, it's really useful for later years. Knowing your anatomy will help a LOT in 2nd year.”

*

If you can't afford to go to Congress Weekends but really want to go then consider volunteering as a steward and sometimes you get free tickets and make some fab friends along the way.

*

“Pay attention to Zeeshan's Hindlimb Stay Apparatus, he will bring that up in later years!”

*

“Don't worry about biochemistry. I got so so stressed about it and cried for hours after the 2nd lecture and I was so absolutely terrified the 1st year was going to all like that and I couldn't do it. I wouldn't want anybody to ever have to go through that!”

*

“Don't take 1st year too seriously! Just try to grasp the basics, everything else you go over again in the later years.”


*

“I didn't revise biochem and still managed to pass 1st year- so don't stress about it. (I only scraped a pass so revise it a little). But you get bombarded with a stupid amount of information and only a tiny bit comes up. Don't stress over mocks. Get your EMS organised don't leave it till the last minute. DON'T feel guilty for enjoying yourself and don't compare yourself to others!!!! Nobody tells you how hard vet school is going to be and you'll be very overwhelmed- but don't worry!! Everyone's in the same boat and you'll learn what revision strategy works for you. Good luck, drink ridiculous amount of alcohol and try not to fall asleep in your 9am lecture the next day (inevitably you will though)!”

*

“Don't sit and work 4 hours a night, 5 nights a week, work smart and not hard !!!”





“Your overall exam marks are averaged when you graduate, so scraping through like I have on CONT exam will bring your average down (if you're bothered about distinction).”

*

“Create resources as you go along. Make diagrams because they really help. It's not like I did no work, as I felt like I learnt stuff in the lectures, but having it all summarised in one easy to look at and easy to understand format, e.g. doing all the cranial nerves on one piece of paper instead of 5 lectures, was so surprisingly helpful. So my main tip is just be open to different learning styles and don't wait till revision week to consolidate stuff.”

*

“Consolidate at the end of every 2 weeks and if you're struggling to learn something keep trying different methods! For example, I never used to find drawing pictures a very effective learning method as I'm not a good at drawing, but to my surprise drawing pictures of legs was the only way I managed to learn about them rather than my other usual methods, e.g. creating tables or matching cards with descriptions. Also, if something goes wrong whether it be on the course or in your personal life, remember that we are all a community and we all want to see each other succeed so don't struggle alone.”

*

“Use the formative exams as guidance for what you do/don't know and what you need to do more work on. Try not stress out about them!”

*

“It's not like A-Levels! Stay organised, keep your notes in check, review your work periodically, but don't burn yourself out! Have a life too :)”

*

Spread your work out over the week, it gives you more free time at the weekend to do all the fun stuff and stops you getting snowed under!”

*

“Everyone feels nervous, you shouldn't feel afraid to discuss how you feel if you're not coping with something, you won't be alone.”

*

“Keep your portfolio answers from 1st year as you can re-use some!”

*

“Get excited for AVS Sports weekend now and make sure you try to get tickets, they sell out in seconds!”

*

“You don't need to remember every piece of information from every slide and writing really long notes isn't the way forward.”

*

“Use learning outcomes to cut down notes. You cannot learn it all and that is okay, you just need 50%.”

*

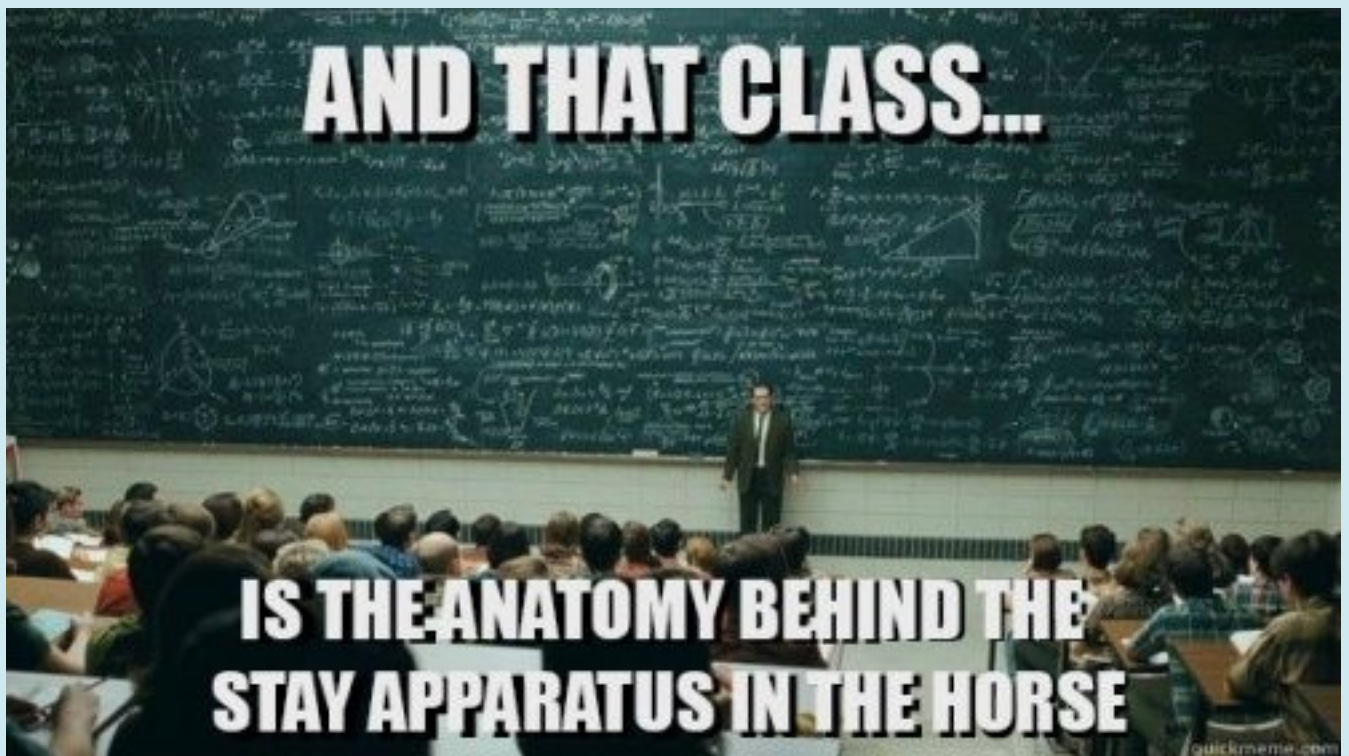
“Get some Raz shoes, Raz juice is deadly.”

*


“Keep in touch with your buddy! We do want to help you along your journey and not JUST get you drunk!”



Second Year



*Wooohhh you made it through first year!
Congratulations, you are nearly 2/5ths a vet!*



“Yes you have to know things from first year for 2nd year exams, especially things that come up in the learning outcomes of both years!”

*

“Learn parasitology, John McGarry is a babe and lots of help if you are confused!”

*

“Yes, you do need to know all that pharmacology. And the Latin names for all those parasites. Even the fleas!”

*

Start building a relationship with your “base practice” so that they will let you do things in clinical years.

*

“Try to keep on top of work throughout the year, not just at the end”

*

“Make sure you spend your free time doing things that make you happy e.g. Sport, watching films etc.”

*

“If you ever need help or advice, ask the lecturers, they will do what they can to help out, even when they're very busy.”

*

“Join clubs and committees as it's a great way to build your CV, have fun and meet new people.”

*

“Get your enterprise report done before the start of the second semester (if they haven't changed the format again) as juggling that, lit review and lectures is extremely stressful!”

*

“Actually use the time they set aside for your literature review and don't leave it till the last minute. Also, pick your topic really carefully! Do more research than I did!”

*

“Pay attention in parasitology practicals so you know what you're looking for, get good at identifying them as early as possible or you will have 50 different ones to learn for the SPOT!

Ps. If you stick pictures round the house it actually helps eg. *Hydrotaea irritans* on the fridge...”

*

“Keep up to date with notes to make revision easier! And use dissections well for OSPEs.”

*

“Have a quick revise the weekend before the next fortnight so that you can go straight into learning the 2nd year content instead of having to catch up on remembering all the first year stuff as well!”

*

“You do not need to learn everything about every single drug, they are not generally grilled in MCQ/EMQ. They want you to give examples of suitable groups of drugs in longer style questions, so don't break your back over them.”





“Terminology for pathology that we learn later in the year makes ID easier to understand.”

*

“Time and stress management is important as it will enable you to cope with the workload”

*

“Keep on top of your work! Attend all the lectures and get your lit review started ASAP - don't leave it until the last minute like I did!!”

*

“Pick a topic you enjoy for lit review as you have to follow it through in third year project!”

*

“Make the most of your time in Liverpool and remember to enjoy yourself!”

*

“Really pay attention in those dissections and make notes on your dissections as soon as you get out of class!”

*

“Join a sport, or society etc make sure you're maintaining that work/life balance.”

*

“Check your EMS - have you done enough, have you booked enough! Do you learn enough from your local practice, if not choose a new one!”

*

“Talk to the first years, get as involved with them as you can, you'll be stuck with them in Leahurst.”

*

“Keep working, you can do it!”

*

“Stick with the histology, you may want to beat yourself with the microscope but if you learn it in 2nd year you'll thank yourself when 3rd year pathology comes around!”

*

“Anatomy anatomy anatomy”

*

“Make the most of it!”

*

“Houses can be tricky, always try to get along, if you find you're not getting along, try to keep the peace and see your other friends outside of the house, it's better for your sanity.”

*

“You'll be grand, pay attention to pharmacology (for anaesthesia especially) and histology.”


*

“Get your lit review and IAP/enterprise report done before Easter so you have time to have a break and get on with revising!”

*

“Make sure you are comfortable with the normal. Pay attention in dissections, you won't be having any more of them after this year.”





“Make that effort to prepare your anatomy knowledge for dissections and prosections. Don't neglect ID.”

*

“Learn your parasites and drugs as you go along!!!”

*

“Enjoy it! And if you get given a supervisor or topic you didn't ask for in literature review don't worry too much, it counts for very little overall credit. Also if your supervisor advises you to research a topic and you feel it's out of your depth, just do your research and set yourself your own research question! I did and my supervisor understood totally!”

*

“Use first year notes to help second year but don't get overwhelmed.”

*

“Keep your first year notes close to hand! A lot is repeated or built upon so try and review difficult lectures from first year before second year topics.”

*

“Use Peerwise - and contribute to it. I stopped making notes and just went through all the Peerwise questions in both 2nd and 3rd year instead of 'doing revision' and got pretty decent marks in all exams.”

*

“Enjoy this year- it'll start getting more serious next year!”

*

“If you find one thing in continuous assessment difficult don't stress, you can use the other things to pull your marks up.”

*

“You got through interview, you can get through communication skills, just remember to show empathy and to follow their consult model.”

*

“Get portfolio done ASAP, I did it after a few glasses of wine and got full marks so if it's taking too long, have a drink and try some drunken deep meaningful and rambling reflections.”

*

“Your reflections can be literally anything so if you are reflecting for other things eg. EMS keep them and make use!”

*

“Horses can come up in the OSPE! Don't be caught out thinking they won't have enough of a specimen to include it as they only need 6 of something!”

*

“If you ace clinical skills then it pulls up your marks from the NSF sections, make sure you have it nailed as you don't have to pass all three sections separately.”

*

If a lecturer has 140 slides in an hour and only goes through 50 of them, they cannot examine you on the other 90, but let your year lead know as they aren't supposed to do that!”





*

“Also, go to all lectures however dull, they will help you if anything for repetition.”

*

“I wish I knew that the choice of 3rd year project we put down decides the supervisor we get and that it can't be changed!”

*

“All the hard work comes in second term!!”

*

“Making and reviewing flash cards for all of the pharmacology are also a brilliant idea, as it really helps you continue to learn the masses amount of 'trivial' info given in pharmacology lectures.”

*

“It's also a good idea to completely go over all of your IAP (AH) notes from first year for the STL sessions or at least for exam revision- it ALL comes up.”

*

“Pretend you're still a fresher”

*

“You only have two years left in Liverpool, get to Bongo Bingo ASAP.”

*

“Make sure you know some of the first year stuff as well. Know muscles and attachments, as well as innervation well.”

*

“Pick wisely who you live with, it's far better to upset someone saying you don't think it's a good idea to live together then live with someone and it not work. Friendships change a lot so don't agree a house in the first few months of 1st year or 2nd.. I have no idea why people agree houses so early, Liverpool has more student houses then students, you can find a nice place right up to the start of term.”

*

“Don't worry if you do something stupid someone else will have done it or has done it (e.g. Saying a fish has lungs)”

*

“Don't panic if you have to re-sit, you may feel all alone but there are lots of people in the same boat, you are good enough, you wouldn't be in vet school if you weren't so just try to focus on getting down to revision and smashing it! If you need to talk to anyone then Peer Supporters are fab and happy to listen.”

*

“Stick pictures of parasites around the house with descriptions on the back, making the pictures helps revision and you will begin to associate certain parasites with certain areas of the house, although you can get funny looks at pre-drinks when non-vets show up and wonder why you have flies on the walls!”

*

They can examine you on all timetabled sessions, even Pro Skills and practicals, so go!



Third Year



Wooooaahhh you're half way there! Wooooaahh living on a prayer (and caffeine, lots of caffeine).



“You need your white lab coat/scrub top, waterproofs, wellies, sensible horsey shoes, stethoscope and green overalls for clinical exam practicals at Leahurst”

*

“You don't need to know every little detail of pathology, just be good at describing things.”

*

“Revise 2nd year pathology (cell injury and inflammation etc) as they lift off from there. Sometimes its very difficult to grasp the Italian accent (and don't rely on Screen Capture to understand it either). Record sessions on your own device. Plan your time well. Don't moan about PHEW Outbreak Task, just get on with it - moaning achieves nothing other than the wrath of Eleni!! The timetable is all over the place so always have something to do else you'll waste hours.”

*

“Never trust a lecturer who says 'this will come up in the exam'; it's all a massive lie and they just want you to listen and take notes. No exam guidance is ever given.”

*

“No matter how hard you work, you're very unlikely to keep on top of work, if you are keeping on top you are potentially rushing and not understanding it properly! Realise that everyone will find it hard (although they won't admit it) so try not to stress too much/ let people panic you.

*

Don't get bogged down with society and club commitments (really - if it's too much just leave) and make time for things you actually enjoy.

*

Support your mates and look for when they are struggling/ seek support when you are struggling.”

*

“Write up everything in the practicals and revise it, don't forget about them!”

*

“Forget placement at Christmas and use the time to catch up from the semester before, same story for Easter (e.g. maybe do one week instead of two).”

*

“Identify the bits of clinical skills you don't know and do them (i.e. if you've achieved getting to clinical skills in the first place you may as well do something useful)”


*

“Just know your stress levels are likely to be really high all year so look after yourself properly (eat well and exercise), and don't make life hard for yourself. The content isn't hard - it's how you handle yourself outside of uni that determines how your year will go.”

*

“The university will reimburse you for your travel to Leahurst (to a limit) but you do need to be able to make your way across, either car share or train to Hooton and taxi to Leahurst. There is a toll fee if you are driving and if you get a taxi it is about £10.”





“Start your research project early - decide what you are doing and get the wheels in motion before Christmas and write it up at Easter, or before, to prevent pre-deadline crisis. More importantly be nice to your supervisor (reply quickly, politely and be keen) and they will be nice to you.”

*

“How important it is to know the parasites' names and to identify them. Definitely would advise for you to stay on top of parasitology revision from the start. Also how important it is to learn what the examiners are looking for in their answers when it comes to pathology. If you learn that from the start and get into the swing of it, you're flying! Might also help to keep on top of anatomy because it comes back to haunt you with regards to radiographs!”

*

“Know normal histology!”

*

“Use clinical skills time well - it can save you in the OSPE, seriously! You are supposed to know everything now and you have had a year to refresh it! You can get full marks.”

*

“Sheep can get Johne's too.”

*

“Learn parasitology really well - it comes up loads in exams especially SPOT.”

*

“Nobody usually wants to do an extended literature review for their 3rd year projects because they think it's too many words but I did it and got to do it in my pyjamas curled up on the sofa and finished way before the deadline!! It's easier than going to Leahurst every week and tearing your hair out over data analysis/stats!”

*

“You might need ethics approval for your dissertation, even if it's just surveying vets! Find out in plenty time.”

*

“Try not to be overwhelmed by pathology, concentrate on the MOD lectures and you can get by in pathology with just descriptions.”

*

“Make the most of halfway weekend, it will probably be the best weekend of your life!”

*

“Work hard, but remember to have lots of fun too!”

*


“Start your 3rd year research project ASAP! Don't wait for the lecture on your project, contact your supervisor and get going in Week 1 you could be done by Christmas and it'll make your life so much easier!”

*

“Don't stress so much about not having revision weeks - everything gets gone over thoroughly during the year so you'll have everything in your head to some degree already.”

*





“Get organised with your outbreak group, don't kill each other if your responses from your clinicians are ambiguous! The reason they are like that is to prepare you for questions your presentation examiners ask you!”

*

“Keep going to the LUVS events, keep socialising!”

*

“It's your last year in Liverpool - ENJOY IT!”

*

“Come visit us 4th years in Leahurst and Neston we will miss you guys!”

*

“Make the most of Liverpool, you won't know how good you've had it until you move to the middle of nowhere and it costs £30+ to get back from town.”

*

“Thinking about the why, not just the how with pathology.”

*

“Make sure you make some time for yourself!”

*

“Don't sign for houses overly quick, ensure these are people you want to spend time with in Neston, you don't get out as much and these people will be your fun and entertainment. There will always be houses, just make sure you'll be in an environment which is best for you next year.”

*

“Pathology is not fun, but pay attention as best you can and use the online learning resources, they're good for revision and learning histology.”

*

“Don't panic about finding a house for Leahurst, plenty of people only sort it out over the summer before 4th year.”

*

“Learn what Marie's disease is!!!!”

*

“Even if you think the OSPE is going terribly, keep going and don't give up thinking you are rubbish, most people feel that way and pass it! You don't have to get it all correct! The examiners are there to help you, and if you mess up, take deep breaths in the break, put on a brave face and the next station is a fresh start!”

*

“Pathology is better condensed... but they still expect you to know the rare stuff.”

*

“Parasitology is important, know each and every parasite and what they look like.”

*

“Get your head round anatomy and physiology and you'll smash 4th year.”

*

“Plan how you are going to use your time allocated to your research project wisely and stick to it!”





“Get on top of EMS now so you're not struggling to fit in loads of EMS in the last leg.”

*

“If you can get through PATH you can get through anything.”

*

“This is the toughest year in my opinion, but you can do it! Organisation, time planning and confidence are three big factors to help you succeed.”

*

“Enjoy your last year in Liverpool- go out as much as you can as there will be less opportunity next year.”

*

“Enjoy your last year in Liverpool! Make the most of any opportunity and do everything you want to do in the city. You can still go back in 4th year, but it's so much harder to find the time and you also don't have a house there anymore! Also make good notes they'll make your life so much easier in the future!”

*

“OSPE isn't based purely on gross path classes.”

*

“The most important thing about pathology isn't being able to remember the name of every disease but being able to accurately describe how it looks. Literally 'say what you see' will get you marks in the OSPE.”

*

“Revise as you go along. Some things crop up a lot in both pathology and MOD.”

*

“You only have one year left in Liverpool, get to Bongo Bingo ASAP.”

*

“Know your pathology inside out. EPHEW might seem pointless but it does come up in exams.”

*

“Some of the information is not revisited at all until we are expected to know it on rotations!”

*

“PATH is complicated. Pay attention to PATH/MOD overlaps and recap at the end of the 2 week block. Address questions/issues as they arise! It's impossible to learn it all.”

*

“You can feel like you know nothing on an OSPE station and still pass!”

*


“Get the majority of your research project done BEFORE Christmas no matter what the lecturers say!”



Fourth Year



Rotations are coming! You are nearly there!!



“Rotations are good fun and not scary! You know more than you think you do.”

*

“Exams happen very soon after Christmas, probably should have revised over that break. Do have fun too though.”

*

“Domino’s don’t deliver to Willaston addresses, they will deliver to Neston.”

*

“Don’t worry about not remembering anything from the rotation intro stuff, nobody does and most of it isn’t very useful.”

*

“Lecture term would be long, exams wouldn’t be too bad and rotations are going to be worth it.”

*

“Living in Liverpool and commuting is absolutely fine and the best thing I could have done so don’t listen to others, if Neston/isolating your self to just vets doesn’t do it for you, you don’t need to.”

*

“Just take it easy - it’ll all work out.”

*

“That rotations are so fun and you learn/revise so much so not to stress or be too nervous for them.”

*

“That lectures are only ever early in the same lecture theatre so to try and move around seats between lectures, especially before and after lunch to try and keep concentrated.”

*

“Not everything is taught or built on again so to plan in times to go over certain topics like parasites to feel prepared for the exams that can examine everything.”

*

“Recap 3rd year MOD.”

*

“9-5 every day”

*

“Make the most of the chance to get out and do things out here and in Liverpool.”

*

“Exams aren’t as bad as 3rd year - you just need to keep sane and make it through the lectures! Rotations are so much fun!!”

*

“Tips...don’t do too much clinical EMS too early as they tend to let you do more when you’re closer to graduating. Enjoy every second of vet school as it soon speeds up and will all be over!”





“Relax, you've made it to Leahurst now, lectures will be boring, you'll probably give up going, just make sure you go through the notes and know what's going on otherwise rotations can be a pain when the clinician pulls out the 'you should know this, I taught you it 3 months ago'.”

*

“Accept that you won't manage to write up/ revise 4th year like you did in the lesser years. Focus on the most important stuff and forget learning the minor details, otherwise you'll get super bogged down! Keep your head up, the fun stuff is coming!”

*

“Make the most of your evenings and weekends before rotations start, the lectures are a drag but they're the last ones you'll have to do!”

*

“Don't wish your time away - even if it's stuck in a lecture theatre.”

*

“Actually go to lectures, for real, some of the lectures are SO VAGUE, and you won't get it unless you showed up, put your ass in a seat and paid attention.”

*

“Go to lectures, its horrible being stuck in the same room but sooo worth it for rotations.”

*

“Don't be afraid to live in Liverpool and commute.”

*

“Write up your lectures notes, it seriously helps when it comes to rotations. Don't stress too much about 4th year exams, with everything you've learnt over the years 95% people pass.”

*

“Explore the Wirral, take time out!”

*

“Don't get so stressed about the assignments they give you on rotations! You just have to look competent, not perfect and a genius!”

*

“Rotations are the best - enjoy them!”

*

“Working in fourth year makes final year much easier.”

*

“Go out during lectures! Like every week! Multiple times a week! It is the longest slog, you have days where you think you may never stand again but it is also the last time you're really free to go out midweek, get smashed and not have to be with clients the next day!”

*

“Enjoy LTB!”

*

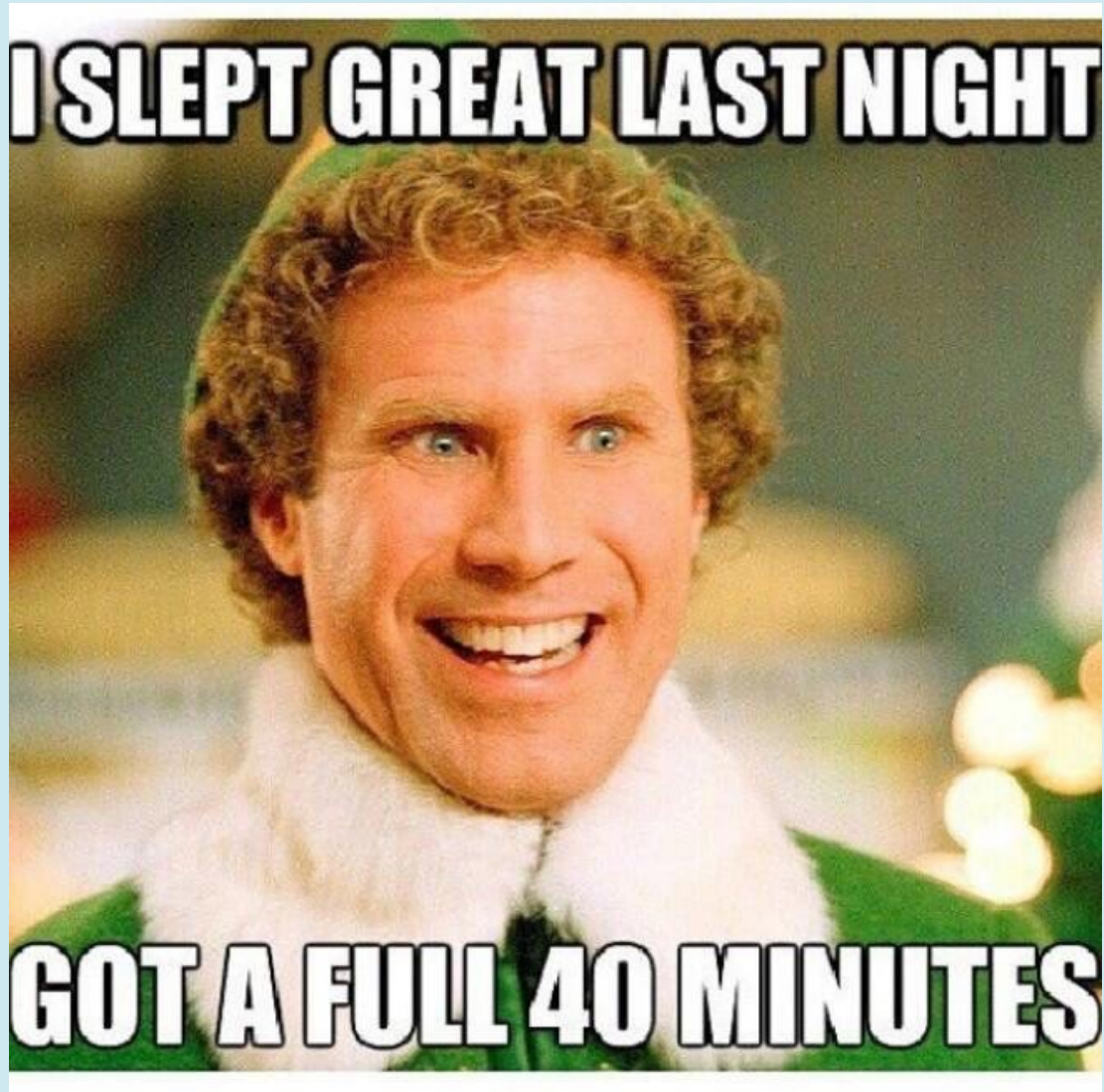
“Don't rush into a house in Neston, there are plenty!”

*

“Leahurst is good fun and there's plenty to do out here, and rotations aren't as daunting as they may seem!”



Fifth Year



Congratulations you did it! You made it to 5th year!



“Keep up the good work! You're clearly doing things right to make it this far, don't doubt your ability.”

*

“SAVOUR IT. I miss it so much I wish I could ungraduate and do it all again!”

*

“Start revision early but don't lose your mind. Enjoy it.”

*

“Make sure your EMS is done, don't be that guy who hasn't! Make sure you still try enjoy yourself and don't let rotations bury you with work and no social life.”

*

“Read up on all of your surgeries and cases, you'll get quizzed on them and there is nothing worse being scrubbed into a surgery and not knowing answers to questions... you can't escape! But otherwise enjoy it, you have no responsibility.”

*

“Also, WRITE UP YOUR OSCEs as you learn them, it's shit getting to exams and having no notes (from experience).”

*

“Don't stress about finding a job.”

*

“Do a little revision before each rotation but also give yourself time off! Don't stress about rotations, you'll only fail if you have a terrible attitude!”

*

“It's going to be expensive with two balls, holiday, books and graduation!”

*

“Enjoy it!”

*

“Rotations are meant to be fun - it's important to pass the weeks but these are the best days of your academic life! The staff start treating you like vets but you have no real responsibility - the dream working environment, remember to enjoy it!”

*

“Try and make notes at the end of each rotation week as they will come in useful when revising for finals.”

*

“Start revision early so you can get through everything without getting stressed and it is never too early to start OSCE practice.”


*

“Although it can be hard, try take notes in rotations and maybe write them up on the weekends to make them legible and understandable, can be quite useful come finals.”

*

“Rotations are good fun! It's just putting your knowledge into a practical context, and you're not expected to have all the answers, you're still there to learn!”





“You don't have to work all weekend to prepare for rotations, reading through your notes on Sunday evening should be plenty, make sure you give yourself time off to relax.”

*

“It will be the best year of vet school, enjoy every minute! Work hard but don't take it too seriously - you don't need to stress!”

*

“That is all ends so fast, VALUE Rotations, work hard, pay attention, but dick about when the clinical lead isn't looking and make all the memories. YOLO doesn't even being to cover what rotations are like, I would go back and start 5th year all over again in heart beat.”

*

“LOVE YOUR FRIENDS BECAUSE VET SCHOOL ENDS AND THEN YOU DONT GET TO SPEND 24HRS A DAY LAUGHING AT MEMES TOGETHER :(”

*

“And prep for cardio, it's fucking hard.”

*

“When people say learn your anatomy... they mean it.”

*

“Look after yourself, finals are tough so make sure you haven't burnt yourself out earlier in the year. Don't start revision too early as your brain will turn to mush in the weeks before exams!”

*

“You do have time to enjoy yourself in 5th year, you may be tired but make time for your friends, you'll appreciate them when you need them or when you're free to do things but they won't hang with you because you didn't and vice versa”

*

“Don't be someone who works too much and doesn't socialise or have fun, it's a recipe for disaster.”

*

“The SATH isn't that scary. Make the most of your time off, there's more to life than revision.”

*

“Chill out about the SATH, it pretty much runs without us and you get no extra credit for any extra work you put in. So keep calm and focus on your cases, you'll see plenty!”

*

“Don't forget although they're there to help you learn, clinicians are people, have a chat, get to know them, that way you feel more comfortable when talking to them and may not freeze up when asked questions.”

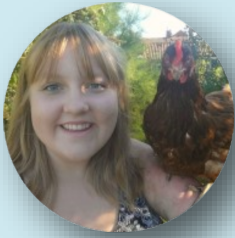


Peer Supporters 2017/18

3rd Years



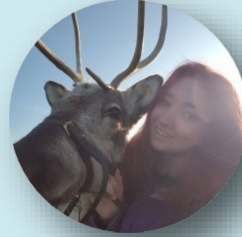
Alice
hlcrow@liv.ac.uk



Becca
hlrgrace@liv.ac.uk



Ash
hlmoon2@liv.ac.uk



Charlie
hlcroper@liv.ac.uk



Hannah
hlhlync3@liv.ac.uk



Steph
hlsgowin@liv.ac.uk



Chris
hlcdeaki@liv.ac.uk



Angharad
hlawellw@liv.ac.uk



Tierney
hltoconn@liv.ac.uk

4th Years



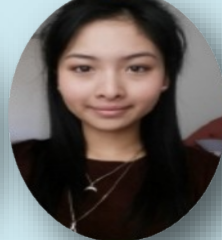
Alice
hlapinde@liv.ac.uk



Chris
hlcmcka2@liv.ac.uk



Lauren
hlljolle@liv.ac.uk



Jo
hljcheu2@liv.ac.uk



Kim
hlkburke@liv.ac.uk



Liv
hlotomli@liv.ac.uk

5th Years



Sarah
hlswalto@liv.ac.uk



Elsa
hlehunt@liv.ac.uk



Emma
hleholmb@liv.ac.uk



Maddy
m.walsh@student.liverpool.ac.uk



Nicole
hlnwhitt@liv.ac.uk



Ged
hlgcoyle@liv.ac.uk



Sam
hlsfelvu@liv.ac.uk